

### FREESKIING COMPETITIVE PROGRAMS

The Freeskiing Competitive Program is designed for athletes who are passionate about Park and Pipe skiing. We will be training at Park City Mountain Resort (PCMR) and traveling out of the Park City area for competitions. The athletes should have solid fundamental skiing skills. They should also possess Terrain Park and Halfpipe fundamental skills. They should have at least local competition experience in Halfpipe and/or Slopestyle competitions. There will be a focus on fun, skill acquisition and individual goals, learning to take these into the competition arena. We are available to help with picking the correct program to meet the athlete's development point and training needs.

# **Full Time Competitive**

Technical ski training 6 days per week Tuesday-Sunday at PCMR as well as Utah Olympic Park and other great venues in Park City and the western mountain region. For AFP/FIS level athletes and includes coaching at November/December Colorado camps and all prescribed competitions. Athletes will have access to all Freeskiing training sessions and personal training schedules will be set with the Director and Head Coach.

Dates: November 25 - March 22

**Sessions:** Tuesday-Friday 9:30-12:00, 1:00-3:30, 5:00-7:00; Saturday-Sunday 9:00-

11:30, 12:30-3:00

**Cost:** \$4300 (\$4000 if paid on or before 10/15)

Ages: 14 and up

# **Part Time Competitive**

Designed for the full time athlete that has other obligations like school, originally set up for athletes in the early release program that get out of school early every other day. For the AFP/FIS or rising regional level athletes and includes coaching at November/December Colorado camps and all prescribed competitions. 2 weekdays plus Saturday and Sunday, giving training access 4 days per week at PCMR. Includes one of the "Team Additions" night sessions described below at no extra cost.

Dates: November 25 - March 22

**Sessions to Choose from:** Tuesday-Friday 9:30-12:00, 1:00-3:30, 5:00-7:00;

Saturday-Sunday 9:00-11:30, 12:30-3:00

**Cost:** \$3100 (\$2900 if paid on or before 10/15)

Ages: 12 and up

# **Nights & Weekend Competitive**

Designed for regional competition level athletes. Training weekends and midweek days when there are competitions along with evenings at the UOP. Regional level competitions and one or two interdivisional competitions fall under this team and includes coaching at all prescribed competitions. Includes one of the "Team Additions" night sessions described below at no extra cost.

Dates: December 13 - March 22

**Sessions:** Tuesday/Thursday **or** Wednesday/Friday 5:00-7:00 UOP;

Saturday & Sunday 9:00-3:00

**Cost:** \$2700 (\$2500 if paid on or before 10/15)

Ages: 11 and up

## Weekday 3 Afternoon Competitive

Designed for athletes that have obligations on the weekends but want access to the competitive program coaching on Weekday afternoons. This is for the regional competitive level athletes growing into AFP ranks and includes coaching at all prescribed competitions. It allows for 3 weekdays at PCMR. Includes one of the "Team Additions" night sessions described below at no extra cost.

Dates: November 25 - March 22

Sessions to Choose From: Tuesday-Friday 1:00-3:30, 5:00-7:00

**Cost:** \$2000 (\$1850 if paid on or before 10/15)

Ages: 11 and up

#### Weekend 2 Day Program\*

Designed for athletes wanting to compete locally while improving their skills and getting ready to make the next step into the competitive team. Ideal for the athlete that is enrolled in school full time and wants to maximize the weekends for Freeskiing skill building and preparation for competitions in Halfpipe and/or Slopestyle. Competitions will be local and focused on the Devo, Club and USASA levels. "Team Additions" listed below can be added to enhance this program.

Dates: December 13 - March 22

**Sessions:** Saturday & Sunday at PCMR 9:00-3:00 **Cost:** \$1900 (\$1800 if paid on or before 10/15)

Ages: 9 and up

#### Weekend 1 Day Program\*

This program is designed for the athlete that is enrolled in school full time and wants to train one weekend day in Freeskiing and preparation for competitions in Halfpipe and/or Slopestyle. Competitions would be local and focused on the Devo, Club and basic USASA levels. "Team Additions" listed below can be added to enhance this program.

Dates: December 13 - March 22

Sessions to Choose From: Saturday OR Sunday at PCMR 9:00-3:00

**Cost:** \$1400 (\$1300 if paid on or before 10/15)

Ages: 9 and up

### **Team Additions**

We have four options to choose from:

- UOP Night Skiing 1 \$300 Tuesdays & Thursdays at the Utah Olympic Park from 5:00pm-7:00pm
- 2. <u>UOP Night Skiing 2</u> \$300- Wednesdays & Fridays at the Utah Olympic Park from 5:00pm-7:00pm
- 3. **PCMR Night Skiing \$300 -** (Must be **age 12** for this option) Wednesdays & Fridays at PCMR 5:00pm-7:00pm
- 4. <u>Friday After School</u> **\$250 -** (Must be **age 9** for this option) Fridays at PCMR from 2:00pm-5:00pm

Please call Freeskiing Director "Hatch" 801-550-1309 for specific questions.

<sup>\*</sup>Non-competitive programs will require a coaching fee for weekday and/or out of town competitions.