



MOGULS COMPETITIVE PROGRAMS

The Moguls Competitive Team is for athletes looking to compete and progress in the sport of moguls skiing. The moguls team offers several different programs based on different commitment and ability levels. The focus is competitive moguls skiing and the skills and jumps associated with moguls skiing. A strength and conditioning program and UOP evening training complement all moguls competitive programs.

Full Time Competitive

Designed for FIS level athletes or competitive regional athletes. This program trains and competes 5 to 6 days a week from October/ November until the end of March/early April based on competition schedule. The program starts with fall camps in Europe and Canada before Utah resorts opens. Includes coaching at NorAms, Junior Worlds, North American World Cups, US Team Selection Events and US Championships. This team spends much of its time on the road competing.

Dates: November 25 - March 22

Sessions: Tuesday-Thursday 12:00-4:00 PCMR, Wednesday/Friday 5:00-7:00 UOP; Saturday-Sunday 9:00-3:00

Cost: \$3900 (\$3700 if paid on or before 10/15)

Ages: 14 and up

Nights & Weekend Competitive

Designed for regional competition level athletes. Training on weekends and midweek days at competitions as well as evenings at the UOP. Intermountain competitions and one or two interdivisional competitions fall under this team. Runs from the second weekend in December until the Spring competitions are done.

Dates: December 13 - March 22

Sessions: Tuesday/Thursday or Wednesday/Friday 5:00-7:00 UOP; Saturday & Sunday 9:00-3:00

Cost: \$2700 (\$2500 if paid on or before 10/15)

Ages: 11 and up

Weekend 2 Day Program*

For youth athletes wanting to compete locally while improving their skills and getting ready to make the next step into the competitive team, training weekends at the PCMR. The competition focus will be on the Devo series. This team will train moguls and ski technique to prepare for more competitions in future seasons. "Team Additions" listed below can be added to enhance this program.

Dates: December 13 - March 22

Sessions: Saturday & Sunday 9:00-3:00

Cost: \$1900 (\$1800 if paid on or before 10/15)

Ages: 9 and up

Weekend 1 Day Program*

This program trains Saturday or Sunday at the PCMR and is designed for youth athletes with only one weekend day per week available for training. While improving their skills and getting ready to make the next step the competition focus will be on the Devo series. This team will train moguls and ski technique to prepare for more competitions in future seasons. "Team Additions" listed below can be added to enhance this program.

Dates: December 13 - March 22

Sessions to choose from: Saturday **or** Sunday 9:00-3:00

Cost: \$1400 (\$1300 if paid on or before 10/15)

Ages: 9 and up

Team Additions

We have four options to choose from:

1. **UOP Night Skiing 1** - **\$300** - Tuesdays & Thursdays at the Utah Olympic Park from 5:00pm-7:00pm
2. **UOP Night Skiing 2** - **\$300**- Wednesdays & Fridays at the Utah Olympic Park from 5:00pm-7:00pm
3. **PCMR Night Skiing** - **\$300** - (Must be **age 12** for this option) Wednesdays & Fridays at PCMR 5:00pm-7:00pm
4. **Friday After School** - **\$250** - (Must be **age 9** for this option) Fridays at PCMR from 2:00pm-5:00pm

*Non-competitive programs will require a coaching fee for weekday and/or out of town competitions.

Please call **Moguls Director Chris Marchetti 435-513-7773** for specific questions.